

SAVE THE DATE SAVE THE DATE SAVE THE DATE

**ANTI-RACIST:**

One who is supporting an antiracist policy through their actions or expressing

**Tuesday, November 12, 6:00 - 8:00 pm  
Dinner and Discussion**

The only way to undo racism is to TALK ABOUT IT - constantly! And then once one understands the horror of racism, be part of the massive dismantling needed. Join us for a discussion on this powerful New York Times best-selling book, *How to be an Antiracist* by Ibram X. Kendi.

**FUMC Omaha, the Commons**

**Afternoon Circle Event**

Please join us as we tour the **Great Plains Black History Museum**, a non-profit organization devoted to the contributions of African-Americans in the heartland. The address is **2221 North 24th Street**. Since we will have a private tour, a free-will donation is suggested. Following the one-hour tour, we will have lunch across the street from the museum, at Emery's Cafe. Reservations are required.

Dottie Deines [dottiedeines@gmail.com](mailto:dottiedeines@gmail.com)  
or 402-850-5114

Thursday, October 24th, at 11:00 am.

We honor the sacred bond between human and our furry, feathery, and scaly friends! On **Sunday, November 10**, join us at the **10:50 am service** with your animal (on a leash or in a pet carrier) as we bless our pets. Our **8:30 am service** will be **pet-free** to be mindful for those with allergies or in need of a non-animal area. We hope to see you there!

**Pet Blessing SERVICE**



Come hear expert physicians and researchers explain how whole food plant-based nutrition can help improve many areas of your health.

Saturday, October 19, 9:00 am - 5:00 pm

**CHI Health Center**  
[www.healthyforalifetime.org](http://www.healthyforalifetime.org)

**10th Annual Wilderness Run & Walk  
Costumes are Encouraged!**

Check-in - 8:00 am, Run begins at 9:00 am  
Brunch & Awards to begin at 10:00 am

**Saturday October 26** Come Join Us for the FUN!!  
**Camp Fontanelle**

For Info: [campfontanelle.com](http://campfontanelle.com)

**Trunk or Treat & Costume Karaoke** will be a for all-ages event. Bring your car and decorate your trunk for parking lot trick or treaters. Dress up and enjoy Costume Karaoke in the Commons. Wear your favorite costumes and sing your favorite song. Snacks provided. *Join in on the fun and sign up your trunk with Bogart at [Bogart.Nomad@fumcomaha.org](mailto:Nomad@fumcomaha.org).*



**Sunday  
October 27  
5:00—7:00 pm**

**SAVE THE DATE**

Please mark your calendars for our Annual Charge Conference on Sunday, **November 17, 2019 at 3:00 pm**. Bishop Ruben Saenz Jr. will be preaching to the joint charge conference. Meeting will be held at

**St. Andrew's UMC  
(5050 W Maple Rd)**

# Announcing

October 6, 2019



**Events @FUMC this week:**

Monday, October 7 2019

- 9:30 am Yoga, Mead Chapel
- 5:30 pm River City Mixed Chorus, the Commons
- 5:30 pm A Time to Heal, Mead Chapel, the Parlor
- 6:00 pm SPRC, the Parlor (Door 1)

Tuesday, October 8, 2019

- 6:00 pm Movie Group, Dale Clark Library (Lower Level)

Wednesday, October 9, 2019

- 12:00 pm Meditation Group, Mead Chapel
- 6:30 pm Zumba, the Commons
- 7:00 pm Alcoholics Anonymous, Ada Mead Hall

Thursday, October 10, 2019

- 9:00 am Bulletin Folders, the Conference Room
- 3:30 pm Tai Chi, Mead Chapel
- 6:00 pm Bell Choir, Clark Rehearsal Hall
- 6:15 pm Yoga, Mead Chapel
- 7:00 pm Chancel Choir, Clark Rehearsal Hall

Friday, October 11, 2019

Saturday, October 12, 2019

- 7:30 am UMW District Meeting, the Commons

Sunday, October 13, 2019

- All Day Elders for the Earth, Platte River State Park
- All Day Coming Out Sunday
- 8:15 am Toddler Nursery Opens, Room 105
- 8:30 am Sunday Worship Service, the Sanctuary
- 9:15 am Hospitality Hour, the Commons
- 9:35 am Stephen Ministries, the Conference Room
- 9:35 am Faith Studies
- 10:50 am Sunday Worship Service, the Sanctuary

For a complete list of events, please visit [fumcomaha.org/calendar](http://fumcomaha.org/calendar)

If you did not pick up a **Time & Talent Card** please pick one up at the front office and turn it in. **If you did turn one in, we truly appreciate it!** *We received a few returned without names. If you think you may have returned one without your name, please stop by the front office to confirm we have your card!* **Thank you!!**

## Elders for the Earth



Immigration and climate, the Green New Deal and a conversation with state climatologist, Dr. Martha Shulski, are among the happenings at Elders for the Earth.

Platte River State Park  
October 13-15

Details at: [elders4theearth.com](http://elders4theearth.com)

## National Coming Out Sunday, October 13

In participation with our Reconciling Ministry Network United Methodist Churches of Omaha, join us as we celebrate all God's Beloved Children and give thanks for the rainbow of folks within our faith community and beyond. In honor of October being LGBT History Month, we celebrate our Compassion and honor our mantra, "All Are Welcome!" We welcome our LGBTQIA+ siblings and give thanks for their sacred worth. **We hope all will join us at our 8:30 or 10:50 am service!**

## Missouri River District UMW FALL MEETING

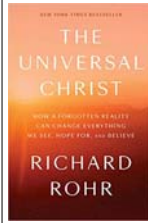
Registration is required by *Monday, October 7th.*

Cost of Lunch is \$8.00 per person.

**Saturday, October 12, 7:30 am - 2:00 pm**  
**FUMC, the Commons**



3<sup>rd</sup> and 4<sup>th</sup> grade Bibles will be handed out at the **10:50 am service TODAY.**



### Spiritual Study on the book *The Universal Christ*

by Richard Rohr

All are welcome to join us  
Sunday, 9:35 - 10:35 am  
Room 109, begins TODAY

Book Available at Front Desk (\$20)

## SMALL GROUPS

Thank you to ALL who gave ideas and agreed to coordinate our new small groups! We give thanks for the 30 NEW small groups!

We hope all will take a moment between services to look through the sign-up sheets, found in the Gathering Place, and see what sparks interest and joy in your spirit. If you have any questions, please contact Candice Nielsen at

[Candice.Nielsen@fumcomaha.org](mailto:Candice.Nielsen@fumcomaha.org)

## Movie Group

Tuesday  
October 8  
6:00 pm

**Our movie scheduled for this month (The Goldfinch) is no longer showing, so... this month, each of us will be discussing a movie of our choice!**

Everyone is welcome to join us for the discussion and for dinner in a nearby restaurant following the discussion.

**Dale Clark Library**  
15th and Douglas (Lower Level)

## Rebuilding Democracy from the Ground Up: Why People of Faith Matter

A 3-day training from OTOC and Institute for Public Leadership

**Thursday, October 17, 2019 6:30 - 8:30 pm**

**Friday, October 18, 2019 9:00 am - 7:00 pm**

**Saturday, October 19, 2019 9:00 am - 12:00 pm**

**First United Methodist Church Omaha**

For more information, please contact

**Carol Beaty at [cabeaty@cox.net](mailto:cabeaty@cox.net)**

*Deadline for registration is October 10*

## Building Our Future TOGETHER

The FUMC Foundation Board has initiated an extended campaign to provide opportunities to learn details of our Foundation and its importance to the current and future operation of our church.

**DID YOU KNOW?** Significant contributions to fund specific programs and projects help address critical needs of First Church while at the same time leaving a legacy for you, the donor.

## Honor Thyself

All women 60+ are welcome!

"Thoughts - who's in charge of yours?" will be our topic.

Ruthie Lees will be facilitating.

**Tuesday, October 15,  
10:00 am, room 111**

**Questions: contact Ruthie Lees at 402-991-3168**

## Bringing Forth the Kingdom: Public Transportation in Omaha

This forum addresses the implications of public transportation on those in poverty. This forum will include Omaha Transportation speakers, Consumer Panel Perspectives, and Table Discussions.

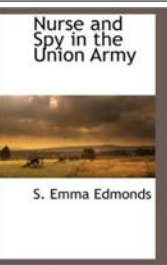
**Saturday, November 2, 8:00 am to 12:30 pm**  
at FUMC, the Commons

## Book Review – Nurse and Spy in the Union Army

Join us to hear about Sarah in *Nurse and Spy in the Union Army* by S. Emma E. Edmonds. Our guest reviewer, Jo Larsen, will share Sarah's escapades as a woman of many talents, serving as a nurse, soldier and spy during the Civil War.

**Everyone is welcome. Please bring a friend.**

**Thursday, October 17 at 10:00 a.m., in the Parlor**



## Spiritual Practices @FUMC

**Tai Chi** No Tai Chi Tuesday, Oct 8

**Yoga**

**Zumba**

**Meditation**

**Taizé Worship**

**Centering Prayer**

**Labyrinth**

## Young(ish) Adult Faith Studies

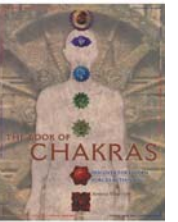
We invite all 20-somethings to 40-somethings to join us for a new Faith Studies Class! Designed with young (ish) adults in mind, this class will navigate faith and life, together. **Join us today in the Parlor 9:35 am** as we continue to get to know one another and name the direction and desire we have as a group for the class. We will discuss the first half of part 1 of the book, *Why Did Jesus, Moses, the Buddha, and Mohammed Cross the Road* by Brian D. McLaren.

To learn more, please contact  
**Candice Nielsen at**

## Spiritual Study

**The Book of Chakras** Copies are for sale at the front desk, \$10

We are in urgent need of understanding how we are symbiotically connected to the Earth and to one another. If you feel stuck in life, then understanding energy fields is very important for emotional and physical change. Join us weekly for a book study on *The Book of Chakras* by Ambika Wauters.



**Thursdays**

**10:00-11:30 am in the Parlor.**

**Questions: contact Ruthie Lees at 402-991-3168**