

Welcome

Today is Sunday, October 6, 2019

Sign-Up Sheets for Small Groups in Gathering Place

8:30 & 10:50 am Worship Service, Sanctuary
 9:15 am Hospitality Hour, the Commons
 9:35 am Faith Studies @First

From Participants to Partners

All are always welcome to participate in the life and ministries of FUMC Omaha. When you are ready to move from participant to partnership through your prayers, presence, gifts, service, and witness, please contact Kent or Cynthia by e-mail or phone; we'd be delighted to answer your questions and get to know one another!

Kent.Little@fumcomaha.org; 402-556-6262 x1002
 Cynthia.Lindenmeyer@fumcomaha.org; 402-556-6262 x1006

Church Staff Contact Information

Clergy:

1002...Lead Pastor Kent.Little@fumcomaha.org
 1006...Sacred Activism Pastor Cynthia.Lindenmeyer@fumcomaha.org

Music:

1021 Director of Music Ministries..... Mark.Kurtz@fumcomaha.org
 Music Associate/Organist..... Marie.Meyers@fumcomaha.org

Staff:

1008...Director of Children & Youth Bogart.Nomad@fumcomaha.org
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 1000...Administrative Assistant Lorraine.Dalziel@fumcomaha.org
 1003...Finance Manager..... Noni.Cambridge@fumcomaha.org
 1010...Building Manager..... Steve.Nehrig@fumcomaha.org
 1009...Rainbow Factory Preschool Jamie.Williams@fumcomaha.org

Spiritual Practices @First

All are welcome to join in at any time—no cost involved

- ◆ Taizé Worship 1st Saturday of the month, 5:00 pm, Mead Chapel
- ◆ Tai Chi For Balance Tuesdays & Thursdays, 3:30 pm, Mead Chapel
- No Tai Chi October 8th
- ◆ Meditation..... Wednesdays, 12:00 pm, Mead Chapel
- ◆ Zumba..... Wednesdays, 6:30 pm, the Commons
- ◆ Evening Yoga..... Thursdays, 6:15 pm, Mead Chapel
- ◆ Centering Prayer Sundays, 9:35 am, Mead Chapel
- ◆ Outdoor Labyrinth, Garden & Gazebo..... 24/7

Donation Box

We are collecting...



Black dry erase markers (Expo), hand sanitizer, Pull-Ups for 2-3 year-olds, underwear for 3-6 year-olds for Lothrop Elementary School.

Donation Box is in the Gathering Place.

Mercy and Justice

Rebuilding Democracy from the Ground Up: Why People of Faith Matter - A 3-day training from OTOC and Institute for Public Leadership, Thursday, October 17, 2019 6:30 - 8:30 pm. Friday, October 18, 2019 9:00 am - 7:00 pm. Saturday, October 19, 2019 9:00 am - 12:00 pm. Held at FUMC. Deadline for registration is October 10. For more information, please contact Carol Beaty at cbeaty@cox.net

HOW TO BE AN ANTI-RACIST: The only way to undo racism is to TALK ABOUT IT - constantly! And then once one understands the horror of racism, be part of the massive dismantling needed. Join us for a discussion on this powerful New York Times best-selling book, *How to be an Antiracist*. Dinner and Discussion. Tuesday, November 12, 6:00 - 8:00 pm, FUMC Omaha, the Commons

Thank you to all who attended our FUMC Way Forward meeting. Check out our facebook page at facebook.com/FUMComaha to view the video of the meeting. For additional information, check out our webpage at

fumcomaha.org/thewayforward
 or go to sharechurch.com

Sunday, November 10, during the 10:50 am service. Please join us with your animal (on a leash or in a pet carrier) as we bless our pets. Our 8:30 am service will be pet-free to be mindful for those with allergies or in need of a non-animal area. We hope to see you there!

Automated Giving Made Easy—Would you like to have your donation withdrawn automatically from your checking account every month? If so, you can contact Noni Cambridge at Noni.Cambridge@fumcomaha.org or leave a voided check in the finance office. If you would like to e-mail, please send your bank's routing number and your checking account number. The monthly withdrawal will occur on the 10th of each month or the next business day if the 10th falls on a weekend. If you have any questions, please contact Noni. Thanks! While Noni works part-time on a flexible schedule, she will be in the office every week on Tuesdays, 2:00-5:30 pm.



Thank you for supporting the ministries of FUMC. Contribution letters are provided to identified donors for tax-deduction records at year end.



Giving Station. There is a black stand with an iPad attached in the Narthex (foyer). It's a giving station that allows people to make donations and/or purchase FUMC items. More and more people do not carry checks or cash with them. Our Giving Station is another way to support our ministries. Whether you give by cash, check, automatic bank transfers, or the new credit card station, we give thanks for faithful and generous giving that allows our ministries to continue and our community to share God's love.



Faith Studies @First

Children & Youth—Sunday morning, 9:35-10:35 am
 Fall Schedule

Children Faith Studies – We offer fun, friendly, and up-beat faith learning for the youngest members of our faith community. Children meet with their age group.

- 3-year-old/Pre-K, and Kindergarten Rooms 205/206
- 1st & 2nd grade Room 207
- 3rd, & 4th grade Room 209
- Tween Scene (5th and 6th graders) Room 203

Youth Faith Studies –

- Grades 7-8 will meet in Room 108 and talk about interesting stuff that matters
- Grades 9-12 will meet in Room 114

Adult Classes—Sunday morning, 9:35 –10:35 am

Boomers +/- — Explore topics around the theme “Progressive Christian Living”. Room 112

Centering Prayer — This prayer time begins with 10 minutes of fellowship, followed by a 20-minute sit in silence, closing with The Lord's Prayer. All are welcome! Mead Chapel

Connections — These Gen-Xers meet to discuss the place of faith in addressing current social challenges. Room 204

Explorers — Seekers who inquire in depth by reading and discussing a topic. Explorers will begin discussing *Climate Justice* by Mary Robins beginning October 27. Adult Education Library

Faithlinks — This inter-generational class looks at a current issue through the lens of our Christian faith. Room 111

Spiritual Study on *The Universal Christ* by Richard Rohr Will begin TODAY! Room 109

Young(ish) Adult Faith Studies — We invite all 20-somethings to 40-somethings to join us for a new Faith Studies Class! Designed with young(ish) adults in mind, this class will navigate faith and life, together. The Parlor

Please check out our online calendar at fumcomaha.org/calendar for more information on Spiritual Practices, Events, and Meetings at FUMC.

7020 Cass St Omaha, NE 68132
 402-556-6262
www.fumcomaha.org

Office Hours:
 Monday-Thursday, 8:30 am-4:00 pm
 Sunday, 8:30 am-12:00 pm; Closed Friday & Saturday



Sunday, October 6, 2019

10:50 am

First
United
Methodist
Church



PRELUDE

"Every Time I Feel the Spirit" Arr. Adolphus Hailstork

WELCOME

Kent H. Little

Personal listening devices and large-print hymnals and worship guides are available from the ushers. Please silence your phones. Children are always welcome in worship; childcare is also available in the Nursery.

***CENTERING SINGING BOWL**

At the sound of the bell, please rise in body or spirit, breathe deeply, and face the center to see the Christ in one another.

***CALL TO CELEBRATION**

Rev. Carol Windrum

"Holy, Holy, Holy"

Ho - ly, ho - ly, ho - ly, Lord God Al - might - y,
ear - ly in the morn - ing our song shall rise to Thee.

***PROCESSIONAL HYMN**

"It's Me, It's Me, O Lord" Red Hymnal #352

***LIGHTING THE PEACE CANDLE**

GATHERING OF CHILDREN

"Where Children Belong" Black Hymnal #2233

The children are invited to gather at the front of the church.

Third and fourth grade children will receive their bibles.

CHILDREN'S WORD

Rev. Carol Windrum

Today is a gift from God.

Let us rejoice and be glad in it!

This is the day, yes! This is the day, yes!
This is the day that God has made!

Words: Pablo Sosa (Psalm 118), trans. Mary Louise Bringle, © 1983, 2006 GIA Publications, Inc.; Music: Pablo Sosa, 1983 GIA Publications, Inc. All rights reserved. Reprinted under OneLicense.net #A-719789.

WISDOM READINGS

Native American Religions, Black Elk, Sioux Tradition
Hebrews 12:1-2, 12-13

Hear what the Spirit is saying to the Church

MESSAGE

"Prayer; You're Immersed" Rev. Kent H. Little

PRAYERS OF THE PEOPLE

Prayers of Concern

This we pray.

Loving God, hear our prayers.

Prayers of Thanksgiving

Joining this week: Venessa Bryant

This we pray.

Loving God, we give you thanks.

Pastoral Prayer

***SALAAM, SHALOM, PEACE**

be with you.

And also with you.

BECAUSE WE GIVE/LIFE OF THE CHURCH

An Offering of Music

Chancel Choir

"Down to the River to Pray"

Trad. folk hymn,

arr. Elizabeth Ladizinsky and J.A.C. Redford

As I went down to the river to pray, studyin' about that good ol' way an' who shall wear the starry crown, good Lord, show me the way. Oh, sisters, let's go down, let's go down, come on down. Oh, sisters, let's go down, down to the river to pray. As I went down to the river to pray, studyin' about that good ol' way an' who shall wear the robe and crown, good Lord, show me the way. Oh, brothers, let's go down... Oh, fathers, let's go down... Oh, mothers, let's go down, come on down, don't you wanna go down? Come on, mothers, let's go down, down to the river to pray... Oh, sinners, let's go down... As I went down to the river to pray, studyin' about that good ol' way an' who shall wear the robe and crown, good Lord, show me the way.

***Doxology**

"Praise God, from Whom All Blessings Flow" Red Hymnal #94

Praise God, from whom all blessings flow; praise God, all creatures here below: Alleluia! Alleluia! Praise God, the source of all our gifts! Praise Jesus Christ, whose power uplifts! Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

GREAT THANKSGIVING

Black Hymnal #2257a-d

Sung Lord's Prayer

The Cantor will sing a phrase and the Congregation will repeat it.

GIVING OF THE BREAD AND CUP

All present, anyone and everyone,
are invited to share in this holy sacrament.
As a symbol of receiving God's gifts with open hands,
please cup your hands to receive the bread.
Then touch the bread lightly in the cup.

Gluten-free bread is available by request at the front on the piano side.

During the serving of Communion, the Congregation will sing:

"Lord Listen to Your Children Praying" Black Hymnal, #2193

***RECESSIONAL HYMN**

"Every Time I Feel The Spirit" Red Hymnal #404

***SENDING FORTH**

***POSTLUDE**

"The People Respond - Amen!" Dan Locklair