

Announcing

March 11, 2018

HOUSING POLICY AND BOOK DISCUSSION ON *EVICTED*— Every year, our government spends more on homeowner tax benefits than housing assistance to the needy—most benefits go to families with six-figure incomes. The new tax-reform bill will impact Omaha’s housing immensely and will increase the number of families evicted. You are invited to read the Pulitzer prize winning book, *Evicted*, and discuss and hear a presentation from scholars and housing authority representatives.

Books are available at the front office. Suggested donation is \$10.

Sunday, April 15th, 2:00-4:30 pm in The Commons

Movie Group— Join us to discuss *Black Panther*, followed by food and fellowship at a local restaurant in the Old Market. All are welcome to one or both events! **Tuesday, March 13, 6:00 pm, W. Dale Clark Library (215 S. 15 St, lower level room B)**

Young Adult Fellowship— All FUMC Young Adults (20s, 30s, & 40s) are invited to a weekly casual fellowship gathering. All who wish to unwind and connect with other young adults are more than welcome to come together and converse over food and drinks. For location details and more information, please contact Kyle Sorys at Kyle.Sorys@fumcomaha.org.

Circle News—The Big Garden is in need of plant stick labeling, in preparation for their Spring Plant Sale Fundraiser, which begins April 19. Join us as we label 1,000 plant sticks! If you are interested, contact Dottie Deines at 402-330-8169 or dottiedeines@gmail.com.
Thursday, April 5, 10:00 am, room 112. Lunch afterwards at Olive Garden.



WANTED:

Blood Pressure Reader— We are looking for a person who would like to take blood pressure every other month on the third Sunday in between services. A refresher course on blood pressure monitoring can be arranged if needed. Please notify the church or our Parish Nurse, Jan Dixon, if you are willing to take on this role. Jan may be reached at 2dixons@cox.net or 402-659-2928 or you may call the front office at 402-556-6262. *We give thanks for Carmen Burr for her many years of sharing this ministry with Jan.*

Easter Eggs— Calling all FUMC Easter Bunnies! Please consider grabbing a bag or two of empty eggs from the front office to fill for our children and the Annual Easter Egg Hunt. We encourage non-candy goodies in the eggs, and ask all food items be individually wrapped and nut free.. If you have any questions or would like to help with the Easter Egg Hunt, please see Kyle Sorys!

Please return the eggs by Sunday, March 25!



This Week’s Events @FUMC

Monday, March 12, 2018

- 9:30 am.....Yoga, Mead Chapel
- 5:00 pmHealth and Healing Ministries, room 109
- 6:30 pmInstitute for Public Leadership, room 108
- 7:00 pmOTOC Steering Committee, room 112

Tuesday, March 13, 2018

- 3:30 pmTai Chi, Mead Chapel (Tuesdays & Thursdays)
- 6:00 pmRoundtable on Racism, the Commons

Wednesday, March 14, 2018

- 12:00 pmMeditation Group, Mead Chapel
- 5:00 pmSpiritual Practices, the Parlor
- 5:30 pmMoney Talks, room 111
- 6:00 pmBuildings & Grounds, room 108
- 6:30 pmZumba, the Commons

Thursday, March 15, 2018

- 10:00 am.....Book Review, the Parlor
- 6:15 pmYoga, Mead Chapel
- 6:30 pmImmigration Ministry Team, room 111
- 6:30 pmHandbell Choir, Clark Rehearsal Hall (Music Room)
- 7:30 pmChancel Choir, Clark Rehearsal Hall (Music Room)

Friday, March 16, 2018

- 9:30 am.....Tai Chi with Shandy Ramet, Mead Chapel

Saturday, March 17, 2018

- 4:00 pmProud Horizons, Ada Mead Hall

Sunday, March 18, 2018

- 8:15 am.....Toddler Nursery Opens, room 105
- 8:30 & 10:50 am Worship Services, the Sanctuary**
- 9:15 am.....Hospitality and Coffee Hour, the Commons
- 9:35 am.....Faith Studies @First
- 9:35 am.....Blood Pressure Screening, the Conference Room
- 9:35 am.....Climate Change and Capitalism Class, room 109
- 9:35 am.....What We Believe Class, the Parlor
- 12:00 pmOTOC Core Team, the Conference Room
- 12:00 pmYouth Choir, Clark Rehearsal Hall (Music Room)
- 3:30 pmGastronomy Club, Main Kitchen
- 6:30 pmUnited Methodist Youth Fellowship (UMYF), meet in the Commons

For a complete list of events, please visit fumcomaha.org/calendar



What do we believe? Why do we believe it?— If you have found kinship with our progressive theology here, but struggle to explain it to more conservative friends or family, come to the Parlor today during the Faith Studies hour starting at 9:35 am. Rev. Jane will lead the class and share how progressive theology “takes the bible seriously, not literally.” This is a great class for people new to FUMC to learn more about us and the United Methodist Church in general, ask questions and to get to know others as well.

Continues today! Sundays, March 11 to March 25, 9:35-10:35 am, the Parlor.



**Celebration of Soulful Healing—
TODAY! Sunday, March 11, 2018**

**Registration 1:00 to 1:30 pm
Workshops 1:30 to 4:15 pm**

This year we will be focusing on *Healthy Minds, Healthy Bodies*. Sponsored by Health and Healing Ministries.

Workshop Session 1—1:30 to 2:15 pm

1. Mindfulness and Self Compassion of our Physical Selves, the Commons
2. Healing the Mind Healing the Body, room 112
3. Tickle your Funny Bone, room 111

Workshop Session 2 —2:30 to 3:15 pm

1. Resistance x Pain = Suffering, the Commons
2. Emotion Code, room 114
3. Healing the Mind Healing the Body, room 112

Workshop Session 3—3:30 to 4:15 pm

1. Vital Yoga, room 112
2. Opening the Door of Your Heart, room 111
3. Releasing Anxiety with Hypnosis, room 114

Suggested \$10 free-will offering will be accepted to cover expenses.



Roundtable on Racism: Where are we?— Join us for a meal, panel discussion and community discussion about racism. Becoming culturally competent is a journey, and this event is offered as a place to learn, ask questions and become aware of white fragility, power, and privilege. Being able to have uncomfortable conversations in a safe space helps us overcome our cluelessness as we seek to journey towards inclusiveness where systems of oppression can be named. The panel will be moderated by Ajamal-Rashad Byndon, a community consultant with Nebraska Families Collaborative, adjunct professor at UNO and founder of Omaha Table Talk. The event is free; we ask participants to register online— more information can be found on our website fumcomha.org/events.

Tuesday, March 13th, 6:00-9:00 pm, The Commons

Are Your Finances a Worry?

Come join a new class, “Money Talks” at FUMC. Learn ways to manage your money and control your spending by revisiting your relationship to money, assessing priorities, setting goals, living simply, controlling credit usage, and making wise insurance decisions. The sessions will create a climate in which we can openly explore the spiritual and practical issues of money that can help us on a path that leads to giving, freedom and liberation.

The class is scheduled to continue Wednesdays, March 14 to March 28, from 5:30-6:45pm in room 111. Come by after work, bring a sandwich or snack if you choose. Now is a good time to assess your way of thinking about money and how you spend and save it in order to serve God with your whole heart. The class will be co-facilitated by Howard Surber and Sheran Cramer. Please call the office to add your name to the class, so we will know how many to expect. See you there!

Immigration Ministry Team—

All are welcome to hear updated from our Immigration Ministry Team, and help plan future events. Please see Carol La-Croix for more information.
Thursday, March 15, 6:30 pm, room 111

Opportunity at your Doorstep—

The first quarterly volunteer opportunity at the Foodbank for the Heartland is just around the corner! It is the first of two Saturday opportunities for those who work or are in school. Please join us to alleviate food insecurity in our land of plenty. There will be sign-up sheets in the Gathering Place on Sunday, March 11.
Saturday, March 17, 9:00-11:30 am, Foodbank for the Heartland (10525 J St)

Climate Change and Capitalism Sunday Class—

This class will watch a documentary entitled *This Changes Everything* based on Naomi Klein’s book of the same title. We will invite and respect differing views in response. Reading the book is not mandatory, but we encourage buying from an independent book seller (Urban Abbey!), or getting from the library.

Continues today! Sundays, March 11 to March 18, 9:35 am, room 109

Book Review—

Please join us for another informative book review! Carol Windrum will share the book, *My (Underground) Dream: My True Story as an Undocumented Immigrant Who Became a Wall Street Executive*, by Julissa Arce. Discover the answers to some riveting questions, such as what does an undocumented immigrant look like? What kind of family must she come from? How could she get into this country? What is the true price she must pay to remain in the United States? This is a review you won’t want to miss!
Thursday, March 15, 10:00 am, the Parlor

OTOC Celebrating Community Lighting the Way Annual Fundraiser—

OTOC’s annual fundraiser is just around the corner! Enjoy the company of OTOC leaders and supporters and experience the last day of the acclaimed LIGHT show exhibit at Kaneko. There will be a silent auction, appetizers, desserts, ice-cream, and live music! Tickets are \$25 (\$30 at the door). Call the OTOC office at 402-344-4401 or contact an OTOC leader in our faith community to purchase tickets.

**Saturday, March 24, 6:00-9:30 pm
Kaneko (111 Jones St)**

March Fellowship Luncheon—

Come one come all for the Teens & Tweens Mac & Cheese Feed! Enjoy delicious mac & cheese—Kyle Sorys’ very own special recipe— and help support our Youth and Tween Scene Ministries. We will be serving right after second service on Palm Sunday! Hope to see you there!

**Sunday, March 25, 12:00 pm,
the Commons**